

Medical hypnosis

In association with the BSCAH



Monday 05 February 2018

Organiser: Dr Jane Boissiere, British Society of Clinical and Academic Hypnosis (BSCAH)

Programme

- | | |
|-------|----------------------------------------------------------------------------------------------------------------------------------|
| 09:00 | Registration |
| 09:25 | Introduction |
| 09:30 | What is hypnosis?
Dr Paul Slater, Consultant Anaesthetist, Northampton |
| 10:00 | How to induce a simple hypnotic trance and generate imagery.
Mrs Jean Rogerson, Associate Lecturer (BSCAH), Birmingham |
| 10:45 | Practice and discussion |
| 11:00 | Tea & coffee |
| 11:30 | Rapport building and history taking skills for anaesthetists
Dr Ann Williamson, GP, Manchester |
| 12:00 | Hypnotic anaesthesia
Dr Ann Williamson, GP, Manchester |
| 13:00 | Lunch |
| 14:00 | Hypnosis in paediatrics
Dr Caron Moores, Consultant Anaesthetist, Liverpool |
| 14:30 | Needle phobia and hypnosis
Dr Ann Williamson, GP, Manchester |
| 15:15 | Tea & coffee |
| 15:30 | Hypnosis for pain management
Dr David Rogerson, Consultant Anaesthetist, Derby |
| 16:00 | Questions and feedback |
| 16:30 | Depart |

Learning Objectives

- To experience and induce a light hypnotic trance **3A07**
- Basic understanding of modern definition and theories of hypnosis **2A10, 2A12**
- Consider the structure of hypnotic language and ways to incorporate it into daily practice **2A10, 2A12**
- An awareness of the potential applications of hypnosis in anaesthetic practice, including anxiety management, pain, obstetrics, paediatrics, phobias **2B01, 2D05, 2D06, 2E01, 1D02, 2B01, 3I00**